INDIGENOUS AGROFORESTRY IN AMERICAN SAMOA

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ABSTRACT

Agroforestry exists in American Samoa as a system where indigenous trees and natural vegetation used for food, fuelwood, crafts and medicine are incorporated with traditional staple crops and livestock on a set piece of land, usually a mountainous slope. Most agroforests are taro-based (Colocasia esculenta) and a recent Rapid Rural Appraisal (RRA) indicated that over 50% of farmers surveyed grew taro with the following: banana (86%), coconut (73%), giant taro (68%), papaya (64%), Erythrina variegata (59%), and yam (50%). While nutritional, cultural, social, economic and ecological benefits are realized from the agroforest, sufficient quantitative and qualitative documentation and widespread knowledge of the importance of agroforestry is lacking. Other problems include a shift toward monocropping, the land tenure system, illegal watershed intrusion, and the threat of pesticide misuse. In order to promote this highly sustainable and culturally important system, a holistic approach including detailed documentation, setting up of demonstration plots, and an active education program, is suggested.
I. INTRODUCTION:

American Samoa, an unincorporated territory of the United States, is composed of five volcanic islands in the South Pacific: Tutuila, Tau, Ofu, Olosega and Aunu'u; and two coral atolls: Rose and Swain's Island. Total land area is 19,200 ha. American Samoa is about 3680 km. southwest of Hawaii and 6640 miles southwest of San Francisco.

The population of American Samoa, as of April, 1991 was 46,638. The five volcanic islands are characterized by rugged mountainsides, small valleys and a narrow coastal fringe. The highest elevation is 926 m. on Tau Island. Lush vegetation grows throughout the islands because of high rainfall, the tropical climate and fertile soil. The economy is heavily dependent on two tuna canneries and the Government of American Samoa, who together employ more than half of the labor force.

American Samoa enjoys a tropical climate with an average rainfall between 500 to 635 cm per year. The driest period is between June and September and the average annual temperature is 27°C. Hurricanes occasionally hit the island with the most recent, Hurricane Ofa, striking in February, 1990.

The agricultural system is mainly subsistence farming. Crops are produced for the immediate needs of the family or for use as gifts. Most families grow some of their staple foods which include taro, bananas, breadfruit, yams and coconuts. Other crops commonly grown are cassava, giant taro, papaya, pineapple and citrus. In most places the crops are interplanted. A few small commercial farms specialize in cucumbers, cabbage, green pepper, onion, tomato and eggplant. These farms supply the local markets and the fishing fleet that supports the canneries. In recent years, the economy of American Samoa has become more cash-dependent. Consequently, some crops are sold at the local market.
Land in American Samoa is owned jointly by family members. The matai, or chief, assigns land to be worked by family members in the village. Implements of traditional agriculture include hand tools, such as the oso, which is a long, pointed-ended digging stick, used in the planting of taro. Hand weeding or slashing of weeds with a machete is a common week-end task for the family. Fertilizers and pesticides are used in small amounts, mainly due to the unreliable supply of these items on island. Backpack sprayers are used for pesticide application. Roto-tillers and small tractors are sometimes used for plowing. Some American Samoans have brought in relatives from Western Samoa, or hired Tongan or Oriental farmers to work their land full time, while they pursue wage-generating jobs.

II. TRADITIONAL AGROFORESTRY:

Agroforestry has existed in American Samoa for centuries. It is basically a system where indigenous trees and natural vegetation are incorporated with traditional crops, vegetables and sometimes livestock on a set piece of land, to serve as a basis for meeting the needs of the family and community. The importance of agroforestry to the Samoan people can be categorized in the following way:

A. Nutritional Importance.

Indigenous agroforestry provides the basic staples of the Samoan diet. Traditional agroforestry food crops include: taro, giant taro ("ta'amu" in Samoan), coconut, banana, breadfruit, yam, papaya, mango, oranges/citrus, and other assorted fruits and vegetables. Livestock, such as pigs and chickens are also incorporated into the agroforest setting. The traditional diet is considered more nutritious than imported foods, which are often high in fat and sugar content. Taro, banana, breadfruit, and yam are excellent carbohydrate sources. Livestock and fish furnish protein. Fruits
such as mango, guava, papaya, soursop, avocado, coconut and breadfruit are very good sources of fiber, vitamins C, A, and B-complex and micronutrients.

B. Cultural/Social Importance.

Plants of the Samoan agroforest are critical cultural resources. Certain plants are used medicinally by traditional healers while the agroforest and surrounding rainforest are potential pharmacological reservoirs. Other plants supply the raw materials for special occasions (i.e. Piper methysticum in the "kava" ceremony) as well as provide for the raw materials to build, bind, and decorate traditional crafts, housing (fale), and canoes.

Agroforestry food products and farming practices are also important in a social sense. Taro, breadfruit, banana, and pigs, for example play an important part in the Samoan tradition of "fa'alavelave", where family members are called on to support each other in times of celebration or mourning.

The planting and maintenance of a family's agroforest plots also strengthens family ties and promotes social bonding. Members of different generations work together, teach each other, exchange stories, sing songs, joke around, and reinforce the value systems that make Samoan culture so unique. Health benefits are also derived from the exercise involved in preparing the land, planting, weeding, and harvesting of crops, especially on the steep slopes.

C. Ecological Importance.

The diversity of the Samoan agroforest system promotes stability and protection against natural disasters and pest infestations. For example, taro pests are infrequent in an agroforest for a num-
number of reasons. First, the physical separation of like crops in the intercropped planting scheme characteristic of agroforests, interferes with the insect's detection of and spread to crops of the same species. Since insect tastes are very specific, this prevents outbreak situations from occurring. Similarly, chemical odors emitted from the various plants confuse the insect's sense of smell, which is also crucial in host detection. Finally, weeds and other non-crop components of the agroforest often act as a nectar source for biological controls, which generally are nectar-feeding wasps or flies that parasitize insect pests.

Trees of the Samoan agroforest are ecologically important in many ways. They serve as windbreaks, provide shade, recycle soil nutrients and prevent soil erosion. Trees such as the *Erythrina* and *Sesbania* are important in nitrogen fixation. The agroforest also provides the habitat and food sources for the fruit bats that pollinate up to 70% of the native rainforest, and for doves, pigeons and other birds of traditional importance.

D. Economic Importance.

A tremendous economic advantage is realized through the growing of one's own food and the collecting of firewood from one's own land. Most Samoan households grow some portion of their staple food, usually taro, banana, and breadfruit. The cultivation of non-food trees also provides considerable economic benefit. Pandanus, for example, is important in the production of woven crafts and fine mats, which are an important unit of exchange in Samoan culture as well as a source of income for the producers. Likewise, the paper mulberry (*Broussonetia papyrifera*) is important in the production of tapa cloth which is a highly valued Samoan art form. Other plants and trees are sources of dyes for making tapa. Samoan agroforest trees also serve as sources of carving, building and fence-making materials.
III. COMPONENTS OF AGROFORESTRY SYSTEMS:

Most agroforestry systems in American Samoa include taro. An initial documentation of these taro-based systems was made in November, 1989 by an interdisciplinary team as part of a Low Input Sustainable Agriculture (LISA) project. The survey tool used was a Rapid Rural Appraisal (RRA). Table 1 lists the various components of these taro-based systems and the percentage of farmers planting that crop in association with taro. Over half of the 28 farmers surveyed grew banana, coconut, giant taro (Alocasia esculenta), papaya, Erythrina variegata ("gatie" in Samoan), and yam in a multi-cropped system with taro. Twenty-one varieties of Colocasia esculenta were documented (Table 2) with over 50% of the farmers growing Niue, Manua and Pa'epa'e varieties. This survey provides a starting point for agroforest documentation which hopefully can be supplemented with additional details of other representative systems.

An initial categorization of agroforestry systems in American Samoa is suggested below:

A. Village/Small Plantation Systems:

- taro (Colocasia esculenta)
- ta'amu (Alocasia esculenta)
- banana (Musa spps.)
- papaya (Carica papaya)
- coconut (Cocos nucifera)
- livestock, (pigs, chickens)

B. Upland Systems:

- coconut (Cocos nucifera)
-breadfruit (*Arthocarpus communis*)
-ta'amu (*Alocasia esculenta*)
-taro (*Colocasia esculenta*)
-taro palagi (*Xanthosoma sagittifolium*)
-cocoa (*Theobroma cacao*)
-pineapple (*Ananas comosus*)
-fuelwood trees ("toi" in Samoan-*Alphitonia zizyphoides*; "Lopa"-*Adenanthera pavonina*)
-livestock (pigs)

C. Village/Large Plantation Systems

-taro (*Colocasia esculenta*)
-banana (*Musa* spp.)
-ta'amu (*Alocasia esculenta*)
-yams (*Dioscorea alata*)
-cassava (*Manihot utilisima*)
-pineapple (*Ananas comosus*)
-fruit trees: mango (*Mangifera indica*); *Citrus* spp.; Avocado *Persea americana*
-vegetables: *Hibiscus manihot* ("pele" in Samoan), green pepper-*Capsicium frutescens*; tomatoes (*Lycopersicon esculentum*); *Brassica* spp.
-livestock, pigs. chickens

IV. THREATS TO AGROFORESTRY:

American Samoan society is constantly being exposed to ideas of Westernization, modernization and mechanization. As a result, traditional practices are continually being challenged or modified. Likewise, the practice of agroforestry may also be threatened in a number of ways:
A. Importance of Agroforestry not realized.

Agroforestry, as is anything that is commonplace, is often taken for granted and not openly valued or esteemed. Without adequate documentation, discussion and reaffirmation of its merits, many agroforestry practices may disappear. The lack of qualitative and quantitative data on the nature, extent, cultural and ecological value of agroforestry is a major problem.

B. Promotion of Monocropping.

Some farmers have shifted to monocropping of taro and other crops, expecting high yields and profit from an intensely planted crop. While profits might increase initially, there are inherent disadvantages in the practice that may eventually cause a decline in profits. Pest outbreaks are more common in monocropped fields because of the ease of pest dispersal from plant to plant. Soil nutrients are depleted more rapidly under monocropped conditions. Additionally, soil erosion is more likely to occur in monocropped fields where the tractor has been used for plowing.

C. Land Tenure System.

Under a "Matai" system, land disputes are common. What one "matai" has sold or assigned may not be honored by his successor. Often, boundaries of family land are not definite. As a result, proper use and maintainence of a given area of land is threatened.

D. Firewood Gathering Practices.

Firewood is taken from the watershed indiscriminately or illegally at times. Besides causing land disputes, this practice may predispose the land toward landslides, soil runoff, and other soil ero-
sion problems. A majority of the plantations are located on slopes of 30 degrees or more.

E. Pesticides.

Pesticide use is minimal on the island, according to the recent RRA survey. (Table 3) However, there is the threat of the misuse of pesticides near water runoff areas. This would serve as a possible source of pollution for groundwater, water catchment systems and the reef. These components of the agroforestry system need to be protected in order to insure the sustainability of the entire agroforestry system.

V. Future of Agroforestry in American Samoa.

The continuation and possible expansion of agroforestry in American Samoa shows great potential. The approach should be holistic. Efforts must be made to base planning decisions regarding agroforestry on more than economic and political factors. Other criteria such as nutritional, medical, cultural, social, aesthetic, spiritual and ecological factors must be given greater consideration. The following suggestions are being made to address these considerations so that the future existence and improvement of agroforestry in American Samoa may be insured.

A. Documentation of Current Systems.

Collecting of quantitative and qualitative data on the existing agroforestry systems and associated practices must be made in order to serve as a record of traditional knowledge and values. With this information, aspects of the system can be scrutinized and supple-
mented with appropriate technological advancements. This documenta-
tion will also provide baseline date on which to base future com-
parisons.

B. Introduction of Desirable Species.

Traditional systems can be modified with the introduction of new
plant species that will enhance or vary the food-producing capabil-
ities of the system, increase income for the family, or promote
nutrient-recycling capabilities.

C. Establishment of "On and Off" Station Demonstration Sites.

In order to promote the concept of agroforestry in American Samoa,
demonstration sites are needed to illustrate to the public the
workability and sustainability of the system. Variations of the
current systems can also be presented so that educated comparisons
can be made.

D. Educational Program.

An active environmental education program must be initiated to
better inform policy makers, government planners, extension agents,
children and the public in general, about the concept of agrofor-
ery. Through education, aforementioned problems of land tenure,
monocropping, firewood gathering practices and pesticide misuse can
be addresses. Education of the youth through 4-H or other organ-
ized groups, would be of beneficial, longlasting investment. Spe-
cial workshops for Extension workers would assist agents in ex-
plaining and furthering the concept of agroforestry to their clients
as well as prepare them for questions. Advantages and disad-
vantages of the system must be openly discussed.
To supplement documentation and provide a further basis for educational programs, research and experimental confirmation of various attributes of the agroforestry system is needed. Cooperative research with the staff of the local Land Grant college would assist in this regard.

The future of agroforestry appears bright in American Samoa, because recognition of the problems associated with its possible disappearance have already been recognized. However, as the above approaches suggest, active promotion of the system to government planners and the public must be made in order to insure the maintenance of this highly sustainable and culturally important system.
**PERCENT OF FARMERS USING AGROCHEMICALS**

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